

How do I get involved?

If you would like to get involved or find out more, please get in touch. Tel: 01792 457299 / involve@scvs.org.uk
www.scvs.org.uk

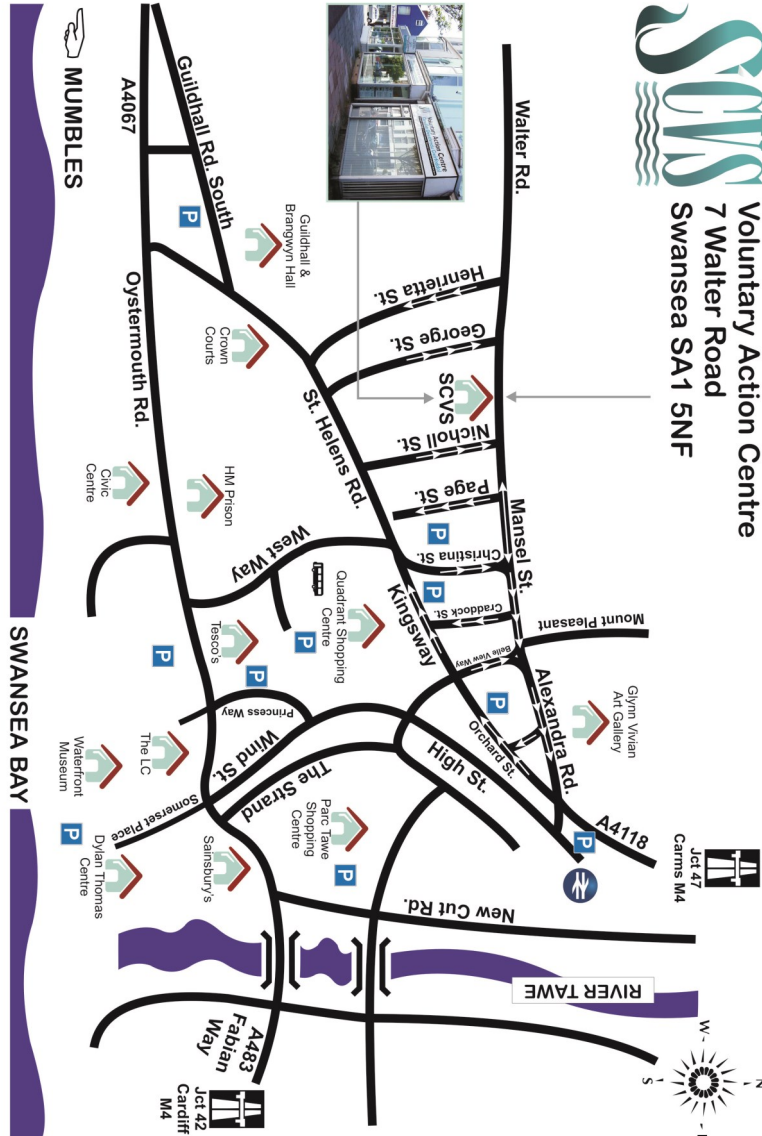


Swansea City of Sanctuary
 Abertawe Dinas Noddfa

A BETTER WELCOME TO SWANSEA

The 'A Better Welcome to Swansea' Project helps to welcome and support asylum seekers and refugees in Swansea to reduce isolation, encourage active participation, promote well being and enhance Integration.

Volunteering Opportunities



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Reg. Charity No: 1063242

Could you give someone a warm Swansea welcome?

If so, then why not become a volunteer mentor?

Mentors provide a crucial service at an important time in people's lives. Many asylum seekers and refugees who arrive in Swansea may not have familiarity of the place, how things work, how to access services and most importantly have any connections with other people. Having a friendly face to provide a welcome can make all the difference.

Who can become a mentor?

Anyone can become a mentor. We particularly welcome applications from people who have experience of seeking sanctuary or who live in areas close to Sanctuary seekers. We do ask for some skills and attributes which are outlined in the role description.

What does it cost?

Nothing! The project is free to volunteers. We will also pay for bus fares and other expenses when you are volunteering with us.

What does a mentor do?

A mentor is a trained volunteer who supports people to access the things that they want and need to be doing. For instance, they might:

- Demonstrate bus routes.
- Show affordable places to shop.
- Give information on health and social care services.
- Support people to find social and leisure activities.
- Support people to find training and volunteering opportunities.

The mentoring process aims to support a person to become as independent as possible.

What is involved?

The project involves 3 stages:

- Initial induction and training period: Where we find out a bit about you and tell you about the scheme.
- Regular sessions with a participant: There will usually be between 2 and 8 sessions. They usually last 2-4 hours each, depending on individual needs.
- An evaluation session: to see how useful it has been and how we can improve.

We offer you the opportunity to mentor as often as you like.